# EASTERN AFRICA CARAVAN WORK CAMP ROTATING FROM TANZANIA, BURUNDI, UGANDA AND KENYA FROM 25<sup>TH</sup> JULY TO 23<sup>RD</sup> AUGUST 2014

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#### **PROJECT OUTLINE:**

This project is organized under the auspices of Eastern Africa Work camps Network (EAWNET) that is a regional platform bringing together volunteers involving organization in the region. EAWNET steering committee held its meeting in Kampala-Uganda in November 2013 and agreed to run the third edition of the program involving the four countries Tanzania, Burundi, Uganda and Kenya. The volunteers will stay for one week in each of the four countries and this is a great opportunity to enhance inter-cultural learning and exposure to challenges of development.

#### **BACKGROUND INFORMATION ABOUT HOSTING ORGANIZATIONS**

#### 1. UVIKIUTA-TANZANIA

UVIKIUTA – TANZANIA is an independent Non-Governmental Organization that works with the Youth. It was created in 1983 following a proposal in which the Government of Tanzania invited unemployed youth to group together in order to receive assistance. UVIKIUTA's projects focus on income generation, employment, and nutrition.

#### 2. ABSV-BURUNDI

Alliance Burundaise pour le Service Volontaire is the partner organization of VAP in Burundi.

ABSV was created in 2007 by two local non-profit national organizations with the aim of making an effort together and of doing good work for the community. ABSV works in three areas: peace education in a country that has suffered civil war and ethnic tension; environmental protection, it works together with the communities to clean areas and plant trees e.g. in deprived suburbs of the capital; and tries to support displaced persons.

It aims to provide education to orphans and vulnerable children and aims to set up a youth exchange programme where they can share different experiences and do voluntary work, helping the communities.

ABSV is active in the Eastern Africa Workcamp Association Network and is a corresponding member of the Coordinating Committee for International Voluntary Service based at Paris France.

# 3. UPA-UGANDA

Uganda Pioneers' Association (UPA) is a voluntary non-governmental organization registered with the National NGO Board (ref. S5914/114). The organization focuses on offering youths the opportunity to contribute to community development by involving them in community projects, workcamps and international volunteer exchange.

Founded in 1989 by a group of young Ugandans, UPA has grown over the years and currently includes ten branches in seven districts in Uganda, a permanent secretariat with four full-time employees, a Guest House with a capacity of 16 volunteers in Nansana, on the outskirts of Kampala, and a demonstration farm project in Bukomero, Kiboga district.

With the motto "Together we shape the future", UPA believes that involving youths can make a difference in development, bridge gaps between peoples, enhance co-operation and break down institutional barriers.

#### Mission

The mission of UPA is to promote community based development, intercultural co-operation and youth participation through voluntary work.

# **Objectives**

- To encourage the dynamic age group (youth) to take leading roles towards development.
- To promote and improve natural and acquired skills useful to the community.
- To promote and exchange cultures to create friendship and mutual understanding.
- To contribute to the development of community based social services.

#### 4. KVDA-KENYA

#### What is KVDA?

Kenya Voluntary Development Association (KVDA) is an indigenous and membership organization which is non political, non sectarian and non profit started in 1962 as a work camp organization registered under Societies Act. In 1993, KVDA was registered as a Non-Governmental Organization (NGO) by the establishment of NGOs Co-ordination Act.

# Our Philosophy

KVDA seeks to promote inter-cultural education, international peace, inter-human understanding and solidarity as well as sustainable community development through voluntary service

"Development against Dependence", captures KVDA's philosophy.

KVDA calls upon everyone to pull their resources and freely work together for international harmony and sustainable development in the spirit of "togetherness". KVDA mobilizes volunteers from different countries in the world, regardless of their background or affiliation to live, learn and work together for the development of a needy community.

# Our objectives

- Communities are aware, mobilized resources and taken responsibility of their own development.
- Young people have access to experiential education by offering voluntary service

### **Mission statement**

Mobilizing all-purpose resources to support community development initiatives

#### **Vision Statement**

Envisages KVDA as an organization with a large membership working towards the improvement of quality of life of the community

#### **Affiliations**

KVDA is full member of the Coordinating Committee for International Voluntary Service based at UNESCO House in Paris France, partner to Service Civil International, partner to Alliance of European Voluntary Service Organizations, member of Eastern Africa Work camps Association Network and founder member of Voluntary Associations Consortium of Kenya (VASCO)

#### THEME: VOLUNTEERS ACTION ON CLIMATE CHANGE

Climate change is one of the greatest environmental, social and economic threats that are facing the planet and human societies today. The international community has accepted the broad scientific consensus that the climate of the Earth is warming due to emissions of greenhouse gases from human activities such as burning of fossil fuels and deforestation.

Since the industrial revolution began the average temperature has risen to 0.76 degrees Celsius and most of the warming has happened during the last 50 years. Global green house gas emissions are continuing to grow with emissions of carbon dioxide reaching in 2010 their highest level for the past 650, 000 years.

The international community has recognized the scientific evidence that global warming needs to be limited to 2 degrees Celsius above pre-industrial temperature in order to avoid the most catastrophic and potentially irreversible effects of climate change. This has led to the emergence and development of an international climate change regime focused on formulating a global response to the problem.

The first step towards addressing global warming was the 1997 Kyoto Protocol. It requires developed countries to reduce their emissions by an average of 5% below 1990 levels by 2012. EU member states committed to an 8% reduction. However, it did not involve obligations on the part of developing countries and failed to commit major emitters such as the USA, India and China to action on mitigating climate change.

Apart from the globally concerted efforts to mitigate climate change, societies across the globe also have to adapt to the current and future adverse effects of climate change, i.e. to anticipate them and take appropriate action to prevent or minimize the damage they can cause.

Climate change is already affecting millions of people through increasingly unstable weather patterns and more frequent extreme weather events such as floods, droughts and water scarcity. Due to the protracted effects of the past emissions, the effects of climate change will become even more pronounced in the years to come. Examples of adaptation measures include management and conservation strategies for scarce water resources, adapting buildings to

future climate conditions and extreme weather, building flood defenses, developing drought tolerant crops, opting for tree species that are less vulnerable to storms and fires, etc

**ITINERARY:** The 2014 Regional Caravan will start from Tanzanian, moving to Burundi then Uganda and finally end in Kenya. The Proposed dates and routes are as follows:

PHASE 1: UNITED REPUBLIC TANZANIA

**Location:** Mvomero-Morogoro (Eastern Tanzania)

ARRIVAL: 25th July 2014

**END:** 31<sup>st</sup> July 2014

**Number of Days:** 7 Days

TRAVELLING BETWEEN TANZANIA AND BURUNDI: 1st August 2014

PHASE 2: REPUBLIC OF BURUNDI

Location: Bujumbura

ARRIVAL DATE: 1st August 2014

END DATE: 7th August 2014

Number of days: 7 days

TRAVELLING BETWEEN BURUNDI AND UGANDA ON 8<sup>TH</sup> AND 9<sup>TH</sup> AUGUST 2014

PHASE 3: REPUBLIC OF UGANDA

LOCATION: Kampala (Central Uganda)

ARRIVAL DATE: 9th August 2014

END DATE: 15th August 2014

Number of days: 7 days

TRAVELLING BETWEEN UGANDA AND KENYA ON 16<sup>TH</sup> AUGUST 2014

PHASE 4: REPUBLIC OF KENYA

LOCATION: Kisumu (Western Kenya)

ARRIVAL DATE: 16<sup>th</sup> August 2014

END DATE: 22<sup>nd</sup> August 2014

**DEPARTURE: 23rd August 2014** 

Number of days: 7 days

Number of Volunteers: The project will host maximum of 25 volunteers

**PROJECT ACTIVITIES:** Series of activities will be carried out as part of this project as detailed in the detailed project descriptions from the four countries Tanzania, Burundi, Uganda and Kenya. Volunteers should expect to work on all listed activities or some of them depending on the weather as well time of the project. Flexibility is highly appreciated for the volunteers choosing this project.

**STUDY PART:** The main topic will be <u>"Climate change"</u> Volunteers are encouraged to bring information from their home communities on the subject matter for sharing. Please note that, you might be requested to facilitate some of the workshops or other public events.

**FREE TIME ACTIVITIES:** The project provides you with an opportunity to enjoy what nature spectacularly endows the Eastern African region and this will depend on the amount of time available for the volunteers during the trip to Eastern Africa and of course the financial resources.

**Accommodation:** Volunteers will be hosted either in School building or houses provided by the hosting organization and communities. There are adequate sanitation facilities. Volunteers will be sharing rooms, some with mattresses on the floor. Electricity will be available though not reliable and it is advisable to keep this in mind avoid disappointment while in urban and rural Africa.

**FOOD:** Food will be provided to the volunteers throughout the project while in the community. Volunteers will share cooking in turns with a support of a local kitchen staff. Volunteers with meals restrictions should inform the camp leader/facilitator on arrival for prior arrangements. <u>Vegetarian meals</u> will be available.

**LANGUAGE:** Kiswahili is extensively spoken in Eastern Africa except in Uganda where the language is spoken by very few people. Knowing a few words and phrases of Kiswahili is highly appreciated by the locals. In the projects people will be able to communicate in English. Majority of the people in Eastern Africa can communicate in English except in Burundi where French is the official language. It is very important that volunteers can communicate at least Basic English in order to benefit from the project activities.

**REQUIREMENTS FOR THIS PROJECT:** Volunteers coming to this project are encouraged or should to be:-

- Interested to do outdoor activities
- Interest on nature
- Creative, flexible, and patient
- Open minded and independent
- Interest to work with as a team
- Able to work under limited resources and less supervision

 Volunteers are also very welcome to create new ideas and methods to assist in teaching children especially English such as bringing English book on how to teach. Other supporting material such as creativities books and pictures will also be helpful.

# **PROJECT FINANCES**

THINGS TO

Non-scented items

are preferable.

Sunscreen

Toothbrush and toothpaste

- Participation fee: 150 Euro (Non-refundable) to be paid on arrival per country hosting the caravan work camp. The total coast will be Euro 600 for the four countries. The fee does not include medical services, Visas, pocket money, free/leisure activities and other personal expenses.
- What is included in the fees?: Accommodation and meals during the project, travel fares from one project (country) to the other, project administration, evaluation and certificate of participation
- Airport Pick up: 20 Euro (The service is optional and applies to volunteers coming through Nairobi-Kenya and Tanzania. Please notify UVIKIUTA Tanzania and KVDA Kenya at least one week in advance in case you need airport transfer services).
- Visa costs and vaccinations: Project descriptions from respective countries indicate the important for the volunteer to check and is visa costs Kenyan/Ugandan/Tanzania/Burundian consulate in the country of Residence the possibility of getting the newly introduced visa for the East African Community. Kindly note that this cost will be borne by the volunteer.

### Do not bring anything you cannot carry yourself. Restrict yourself to one bag **BRING WITH YOU** and one small day-pack that can hold your camera, Swahili phrasebook, water bottle, lunch, sunglasses, sunscreen, a small first-aid kit, and any extra articles of clothing you might need to handle changes in weather. Cool summer clothes CLOTHING: Few nice clothes for parties, ceremonies and special occasions Modest cotton Long pants and long sleeved shirts Shorts (not short shorts) and T-shirts that cover shoulders. clothing (not tight, Rain wear and folding umbrella flashy, ripped or Sandals and walking shoes displaying Work shoes and gloves (See type of work) potentially Paiamas offensive Bandana, sun hat or scarf inscriptions or Bed sheet and sleeping bag illustrations) is the sports wear most appropriate. Military wear are strictly illegal and thus will not be accepted. TOILETRIES: Zip-lock bags Soap, soap dish and shampoo

# since they do not attract insects.

- Comb and /or brush
- Nail clippers
- For women, sanitary napkins or tampons
- For men, razor, shaving cream and blades
- Talcum powder and deodorant

# PERSONAL FIRST-AID KIT:

Best to be stored in a strong plastic bag, to keep it dry and clean.

- Small supply of: disinfectant, Band-Aids, gauze and adhesive tape, calamine lotion, insect repellent, throat lozenges, pain killer, anti-acid, and any on-going medication
- You may wish to check with your doctor about what kind of vaccinations you may need

#### **MISCELLANEOUS**

Add any of these items to your list according to your own personal preference

- Small day-pack
- Camera
- Water bottle
- Pocket English-Swahili dictionary/phrasebook
- Flash light (torch) and batteries
- Notebook and pens for personal diary
- Sewing kit with needle and thread
- Sunglasses
- Extra pair of prescription glasses, if applicable
- Music instruments, CD player, playing cards, various games that you would like to share
- Souvenirs, recipes and other items you may need for cultural exchange/ cultural evening
- Two passport size photographs (please hand these photos on during the registration of volunteers on arrival)

# **DONATION?**

Sometimes we are asked by volunteers, if they can bring some stuff to donate and what is useful for them to bring.

Yes, some people will be in need of materials you want to bring; e.g. those living in poverty, widows, seniors, orphans, vulnerable children's etc. Some donations can go to the project. You may want to bring the following items, but to do not feel obliged to do so;

- English language books for children and for secondary schools
- Pencils, colors, Exercise books and other educational aid
- Sports stuff (Balls, wears, equipment's etc.)
- Children and adult cloths
- Posters, materials and any other resources related to the project theme
- **Do not bring:** Medicines or food stuff including sweets for donation!!

# Contacts for the Organizations Hosting the Caravan Volunteers

#### 1. UVIKIUTA CENTER,

Charambe- Mbande road, Msufini, Chamazi,

P.O. BOX 71373, Dar es Salaam, Tanzania.

E-Mail: uvikiuta@rocketmail.com

Facebook: www.facebook.com/Uvikiuta Tanzania

**Skype**: uvikiutatz

Phone (Office)- +255 754 833909, +255 767 630212, +255 715206986

Phone (Taxi/Cab service)- +255 757 174080

# 2. ABSV BURUNDI

**Bujumbura City** 

E-mail: <a href="mailto:phocas2001@yahoo.fr">phocas2001@yahoo.fr</a> and <a href="mailto:absvasbl@yahoo.fr">absvasbl@yahoo.fr</a>

Telephone: +257(71972910, 77767073, 75564798)

Website: www.vap.org.uk/ngo/absv-burundi .

#### 3. UPA UGANDA

Uganda Pioneers Association 8 miles Hoima Road Ochieng Zone - Nansana P.O.Box 25973

Kampala

Mob: +256 785 601 220 / +256 782 335 322 /+256 774 438 870

Email: uganda pioneers22@hotmail.com

Website: ugandapioneers.org

# 4. KVDA KENYA

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